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符合資格 (勾選)	<input type="checkbox"/> (一)具有教育部審定講師級(含)以上資格者。 <input type="checkbox"/> (二)護理人員或其他領域技講師，需具有政府核發技專業證書(護理人員需為護理師)，並符合下列資格(1)碩士以上學歷，有三年(含)以上授課領域經歷；(2)大學學歷，有五年(含)以上授課領域經歷；(3)專科學歷，有七年(含)以上授課領域經歷。 <input checked="" type="checkbox"/> (三)專科醫師領有證明文件者。 <input type="checkbox"/> (四)現(曾)任主管機關相關職務者。		
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課程名稱(主題)：Treatment of Medial Compartment Knee Osteoarthritis by Arthroscopic 'L' Medial Release Procedure 課程日期：109.09.11，課程時間：07：30~09：00 課程地點：澄清綜合醫院(平等)3F 會議室—台中市中區平等街 139 號			

摘要：

Purpose: To evaluate the clinical outcomes of an arthroscopic 'L' medial release (ALMR) procedure for the treatment of medial compartment knee osteoarthritis (MCKOA).

Methods: Between January 2012 and December 2013, 372 patients with MCKOA of Kellgren's radiographic grade I-III were diagnosed. Among them, 252 patients with MCKOA received ALMR performed by a single surgeon. The other 120 patients received supportive treatment and were regarded as the control group. The Knee Society Score (KSS) at baseline and 2 years, and the subjective visual analogue scale (VAS) at baseline and 1st, 2nd, 6th, 12th, and 24th months were used for outcome studies.

Results: There were 286 patients available for follow-up for more than 2 years and the mean follow-up period was 28 months. There were 202 patients with unilateral MCKOA in the ALMR group and 84 in the control group. The mean subjective VAS showed a statistically significant improvement after 6 months, and then remained relatively stable between the 6th and 24th month. The mean KSS for pain and function improved statistically at 2 years of follow-up.

Conclusions: This ALMR appears to be an effective and safe treatment for mild and moderate MCKOA.