

2021 冬季聯合研討會

時間：2022 年 1 月 22 日

地點：國立成功大學未來館

主辦單位：中華民國關節鏡及膝關節醫學會、台灣肩肘醫學會

合辦單位：社團法人中華民國物理治療師公會全國聯合會

協辦單位：

國立成功大學醫學院骨科學科

國立成功大學附設醫院物理治療中心

社團法人台南市物理治療師公會

08:20-08:30	Registration	
08:30-08:40	Opening Remarks	
Section 1 ACL reconstruction		詹益聖、潘如瑜
	What is the surgical timing of ACLR?	
08:40-08:48	Reconstruction as soon as possible	台大 張宗訓
08:50-08:58	Delayed surgery is better	中榮 李坤燦
	Rehabilitation after ACLR and PCLR	
09:00-09:08	Aggressive rehabilitation brings faster recovery	長庚 楊正邦
09:10-09:18	Conservative rehabilitation is safe	中山 羅健生
09:20-09:28	Physical therapy after ACLR/PCLR, tips and technique	台大 陳昭瑩
09:30-09:50	Panel Discussion	
Section 2 Avulsion fracture		盧永昌、陳昭宇
09:50-09:58	Treatment of ACL avulsion fracture	長庚 唐浩哲
10:00-10:08	Treatment of PCL avulsion fracture	新樓 陳 岳
10:10-10:20	Panel Discussion	
10:20- 10:40 Coffee break		
Section 3 Multiple ligament injury		陳超平、羅健生
10:40-10:48	Technique of simultaneous ACL and PCL reconstruction	長庚 邱致皓
10:50-10:58	Technique of simultaneous posterolateral corner (PLC) and PCL reconstruction	高榮 林冠宇
11:00-11:10	Panel Discussion	

Section 4 Extra-articular lesion			周文毅、林志峰
	Tendinopathy around knee		
11:10-11:18	Role of ESWT and laser therapy in tendinopathy	義大 吳至翔	
11:20-11:28	Patella femoral pain syndrome, diagnosis and treatment	藍海曙光 李建志	
11:30-11:50	Panel Discussion		
11:50 – 13:10 Lunch			
Section 5 Special invitation			馬筱笠、周立偉
13:10-13:18	Pseudoparalysis – how to distinguish from neurological lesion	成大 李榮順	
13:20-13:28	Anesthesia and pain control in shoulder arthroscopy	高長 吳紹群	
13:30-13:38	Molecular mechanism and application of AI predicted model of ESWT for the calcific tendinitis of rotator cuff	高長 周文毅	
13:40-13:48	Telemedicine for postoperative rehabilitation	成大 劉權緯	
13:50-14:10	Panel Discussion		
Section 6 Rotator cuff tear			李建和、遲維新
	Simultaneous instability and rotator cuff tear in a 65 y/o woman		
14:10-14:18	Repair one, and which one?	新光 洪立維	
14:20-14:28	Repair both	國軍 蕭智威	
	Postoperative Rehabilitation after rotator cuff repair		
14:30-14:38	Rehabilitation protocol, my experience and evidence base	北榮 馬筱笠	
14:40-14:48	Rehabilitation after RCT repair, tip and technique	成大 薛孟怡	
14:50-15:10	Panel Discussion		
15:10 – 15:30 Coffee break			
Section 7 Instability			周伯禧、謝承樸
	Recurrent instability in contact sports athlete with bony defect < 15%		
15:30-15:38	Soft tissue procedure is enough	北榮 蔣恩榮	
15:40-15:48	Bony procedure is safe	馬偕 陳暉錚	
15:50-15:58	The decision making of postoperative rehab and return to sports	味全龍 鄭宏彥	
16:00-16:20	Panel Discussion		

Section 8 Frozen shoulder		
		郭繼陽、蔡一如
16:20-16:28	Physical therapy for frozen shoulder, can it work?	肌適康物理治療所 尤信賢
16:30-16:38	What is the role of hydrodilatation for frozen shoulder	豐原 張憲伯
16:40-16:48	Transcatheter arterial embolization (TAE) for frozen shoulder	成大 王 博
16:50-16:58	Arthroscopic surgery and manipulation for frozen shoulder	嘉基 江振豪
17:00-17:20	Panel Discussion	
17:20-17:30	<i>Closing remarks</i>	