

# Integrated Care and Management in Older Adults with Osteoporosis and

## Fracture

### 高齡衰弱骨鬆與骨折照護研討會

Organizers主辦單位：

Center for Geriatrics and Gerontology, Taichung Veterans General Hospital, Taiwan

臺中榮民總醫院高齡醫學中心

Department of Orthopedics, Taichung Veterans General Hospital, Taiwan

臺中榮民總醫院骨科部

Center for Osteoporosis Care and Management, Taichung Veterans General Hospital, Taiwan

臺中榮總骨鬆中心

Time 時間：2023-September -2, 08:00-15:00(Taiwan)

2023年9月2日上午8點至下午3點

Place 地點：5<sup>TH</sup> Conference Room, 1st Floor, Teaching Building, Taichung Veterans General Hospital, Taiwan

教學大樓一樓第五會議室

Time	Topic	Speaker	Moderator
07:30-08:00	Registration		
08:00-08:05	Opening		
08:05-08:40	Fracture prevention in Japan: multidisciplinary liaison service and health insurance system 日本健保系統與多團隊合作照護模式談骨折預防	Dr. Atsushi Suzuki Professor, Fujita Health University, School of Medicine Department of Endocrinology, Diabetes and Metabolism, Toyoake, Aichi 470-1192 JAPAN	Dr. Li-Wei Chou  Department of Physical Medicine and Rehabilitation, Asia University Hospital, Asia University, Taichung, Taiwan Prof. Department of Physical Therapy and Graduate Institute of Rehabilitation Science, China Medical University, Taichung, Taiwan 周立偉醫師  亞洲大學附屬醫院復健部主任 中國醫藥大學物理治療學系暨復健科學碩士班 教授
08:40-08:55	Q&A Prof. Atsushi Suzuki 周立偉醫師		

08:55-09:30	Treatment of Fragility Hip Fractures in the Elderly and the Effectiveness of Cross-Disciplinary Integrated Care 高齡髖部脆弱性骨折治療及跨科共同整合照顧成效	Dr. Wei-En Shu Department of Orthopedics, Taichung Veterans General Hospital, Taichung, Taiwan 徐偉恩醫師 臺中榮民總醫院骨科部	Dr. Shun-Ping Wang Department of Orthopedics, Taichung Veterans General Hospital, Taichung, Taiwan 王舜平醫師 臺中榮民總醫院骨科部骨創科主任
09:30-09:45	<b>Q&amp;A</b> 徐偉恩醫師 王舜平醫師		
09:45-10:05	中場休息		
10:05-10:40	Population Screening of Osteoporosis in Asia: When and How 亞洲地區骨質疏鬆症人群篩檢：何時以及如何進行	Dr. Ching-Lung Cheung Associate Professor, Department of Pharmacology and Pharmacy, Li Ka Shing Faculty of Medicine, The University of Hong Kong 張正龍博士 香港大學李嘉誠醫學院藥理及藥劑學系副教授	Dr. Ting-I Lee Division of Endocrinology and Metabolism, Wan Fang Hospital, Taipei Medical University, Taipei, Taiwan Professor, Department of Internal Medicine, School of Medicine, Taipei Medical University, Taiwan 李亭儀醫師 臺北市立萬芳醫院新陳代謝科 臺北學醫大學醫學系內科學科教授
10:40-10:55	<b>Q&amp;A</b> 張正龍教授 李亭儀醫師		
10:55-11:30	2023 guideline for osteoporosis prevention and treatment 2023 台灣成人骨質疏鬆症防治之共識及指引	Dr. Chung-Hwan Chen Department of Orthopedics, Kaohsiung Medical University Hospital, Prof. of Orthopedic Research Center, Prof. Department of Orthopedics, College of Medicine, Kaohsiung Medical University, Kaohsiung, Taiwan 陳崇桓醫師 高雄醫學大學附設中和紀念醫院骨科部關節重建科主任 高雄醫學大學骨科學研究中心主任 高雄醫學大學醫學系骨科教授	Dr. Kun-Hui Chen Department of Orthopedics, Taichung Veterans General Hospital, Taichung, Taiwan 陳昆輝醫師 臺中榮民總醫院骨科部主任
11:30-11:45	<b>Q&amp;A</b> 陳崇桓醫師 陳昆輝醫師		
11:45-12:00	Panel discussion		
12:00-13:00	Lunch Break 午餐休息		

13:00-13:35	Common spinal disorders associated with osteoporosis in clinical practice 臨床常見伴隨骨質疏鬆之脊椎病變	Dr. Shih-Tsu Chang Department of Physical Medicine and Rehabilitation, Kaohsiung Veterans General Hospital, Kaohsiung, Taiwan 張幸初醫師 高雄榮民總醫院復健醫學部主任	Dr. Po-Hsin Chou Department of Orthopedics and Traumatology, Taipei Veterans General Hospital, Taipei, Taiwan School of Medicine, National Yang Ming Chiao Tung University, Taipei, Taiwan 周伯鑫醫師 臺北榮民總醫院骨科部脊椎外科主任
13:35-13:50	Q&A 張幸初醫師 周伯鑫醫師		
13:50-14:25	Fall Prevention and Pain Avoidance: Proper Training and Utilization of Correct Muscles 防摔避痛：正確訓練與使用正確肌群	Dr. Yin-Yi Chou Center for Geriatrics and Gerontology, Taichung Veterans General Hospital, Taichung, Taiwan 周吟怡醫師 臺中榮民總醫院高齡醫學中心	Dr. Shih-Yi Lin Center for Geriatrics and Gerontology, Taichung Veterans General Hospital, Taiwan 林時逸醫師 臺中榮民總醫院高齡醫學中心主任
14:25-14:40	Q&A 周吟怡醫師 林時逸醫師		
14:40-14:45	Closing Dr. Shih-Yi Lin Center for Geriatrics and Gerontology, Taichung Veterans General Hospital, Taiwan 林時逸醫師 臺中榮民總醫院高齡醫學中心		

\*積分取得方式：學員需完整出席(每堂課皆有簽到、簽退紀錄)，以及後測 80 分以上才給予積分。