

## 講師介紹

### 1. 林敬熹 醫師 MBBS (HK), FHKIMM, MScSEM, MScSMHS, PGDipMSM (Otago), RMSK, CIPS, FIPP, POCUS (MSK)

Dr Lam is a musculoskeletal, sports and pain physician from Hong Kong.

Dr. Lam has the following affiliations:

- Clinical Associate Professor (Honorary) in the Faculty of Medicine of The Chinese University of Hong Kong
- Honorary Clinical Assistant Professor in the Faculty of Medicine of the University of Hong Kong.
- President of the Hong Kong Institute of Musculoskeletal Medicine, [www.hkimm.org](http://www.hkimm.org)
- Consultant of the NYSORA and the author of the MSK US and RIT of Knee app. <https://www.nysora.com/nysora-msk-app/>
- Guest editor for the special collection "Regenerative Medicine for Musculoskeletal and Neuropathic pain" for an international peer review journal "Cell Transplantation" <https://journals.sagepub.com/page/cll/collections/special-issues/regenerative-medicine-musculoskeletal-neuropathic-pain>
- Associate editor for the journal Asia Pacific Journal of Pain: <https://www.ipress.tw/J0207?pWebID=759>
- Founding President of the MSKUS Asia-Pacific.
- Honorary Consultant of the Center for Regional Anesthesia and Pain Medicine, Wan Fang Hospital, Taipei Medical University, Taiwan
- Honorary Consultant of the Center for Regional Anesthesia and Pain Medicine, Chung Shan Medical University Hospital, Taiwan
- Honorary International Consultant of the Taiwan Association of Prolotherapy and Regenerative Medicine
- Teaching Faculty and Examiner of the World Institute of Pain
- Teaching Faculty ISURA, 2019, 2021, 2022 and 2023. <http://usra.ca/isura2023/>

Dr. Lam has RMSK and POCUS (MSK-Tissues) credentials in USA and awarded RMSK Pioneer Certificate in 2012. He has passed certifications in CIPS and FIPP by the World Institute of Pain (WIP) in 2017. He has been a teaching-faculty and Examiner of WIP since 2018.

Dr. Lam has delivered numerous international lectures and hands-on workshops in the following topics: "Ultrasound-guided hydrodissection of nerves"; "Dynamic MSK Ultrasound Scanning of Joints and Nerves"; "Ultrasound-guided Spine Injection"; and "Ultrasound-guided Regenerative injection therapy/ medicine for managing sports injury, musculoskeletal and chronic pain".

Dr. Lam's ORCID: <https://orcid.org/0000-0003-1392-829X>

Dr. Lam's research interests are:

#### **A. Musculoskeletal Ultrasound Guided Hydrodissection/ Hydrorelease of**

**Nerves Impingement or Entrapment problems to treat neuromuscular pain.**

**B. Dynamic Musculoskeletal Ultrasound scanning for Assisting Diagnosing and Managing Musculoskeletal problems.**

**C. US-guided Spine Intervention:**

**D. Ultrasound guided regenerative medicine treatment for pain from sports injuries, degenerations and chronic neuropathic pain.**

**E. US-assisted intraosseous regenerative injection therapy**

**F. Ultrasound-guided neural ablation and other aspects for management of chronic pain.**

## **2. 潘健理 醫師**

Attending Physician, Department of Physical Medicine and Rehabilitation, Taipei Medical University Hospital, Taipei, TAIWAN

Medical Director, PAN Regenerative Pain Clinic, Taipei, TAIWAN

Managing Director, Taiwan Pain Society

Board-certified in Physical & Rehabilitation Medicine, Taiwan Academy of PM&R (TAPMR)

Board-certified in Pain Medicine, Taiwan Pain Society (TPS)

Board-certified in Musculoskeletal Ultrasound, Taiwan Society of Ultrasound in Medicine (SUMROC)

Certified Interventional Pain Sonographer (CIPS), WAPMU

Editor-in-chief, "Global Pain Practice", International Interventional Pain discussion group, Facebook.

Course Coordinator, "Pain Realm-oriented Multidisciplinary Interventional Supervised Education (P.R.O.M.I.S.E.) workshop series, Taiwan Pain Society (2021~2023)

### **Degrees:**

Doctor of Medicine (MD), National Taiwan University

EMBA, National Taiwan University

### **Academic Activities**

2000 Sports Medicine Visiting Physician, Mayo Clinic, Rochester, MN, USA

2001 National Team Physician, Chinese Taipei U20 Male Soccer Team, Tokyo, Japan.

2002 Advanced Team Physician Course, ACSM, San Antonio, TX, USA

2003 Ultrasound-guided Pain Intervention Course, Heidelberg(Ger)/Vienna Univ.(Aus)

2003 Visiting Physician, Ultrasound-guided Pain Medicine, Vienna University, Austria

2004 National Team Physician, Chinese Taipei Female Olympic Soccer Team

2005 Prolotherapy Training Course, AAOM, Colorado Springs, CO, USA  
2005 Invited Workshop Tutor: "Ultrasound-guided Peripheral Nerve Block", TPS annual conference, Taiwan  
2007 Invited Speaker & Workshop Tutor: "Ultrasound-guided Prolotherapy" AAOM, Las Vegas, NV, USA  
2009 National Best Selected Physician, Business Weekly, Taiwan  
2013 Invited Speaker: "Ultrasound-guided PRP injection in Joint-related Disorders: Clinical Tips" TAPMR conference, Taiwan  
2014 Invited Speaker "Integrating PRP and HA in Joint Preservation" Global PRP Forum, Biobridge Foundation, Venice, Italy  
2015 Faculty (Musculoskeletal Ultrasound) and Invited Speaker, TOBI annual meeting, Las Vegas, NV, USA [www.prpseminar.com](http://www.prpseminar.com)  
2016 Invited Speaker: "Cells for Pain", Seasonal meeting, Taiwan Pain Society, Taichung  
2017 Invited Speaker: "Ultrasound-guided PRP injection in Regeneration of Partially Torn Posterior Cruciate Ligament of the Knee, the Taiwan Series." ICCNU annual conference, Seoul, Korea.  
2017 Invited Speaker: "Cell Therapy in Pain Medicine, the Future is Now" TAPRM conference, Taipei, Taiwan  
2017 Workshop Instructor: "Ultrasound in Nerve Tracking" NMUSIT 2017, Taipei, Taiwan  
2017 Invited Speaker: "Ultrasound in Pain Medicine, the Lower Extremity" Sonosite Conference, Bangkok, Thailand.  
2018 Invited Speaker: "Ultrasound-guided PRP Injections for Partially Torn Cruciate Ligaments" "MSCs-PRP Interplay: The Evidence for Another Step Forward" Biobridge Asia-Pacific Conference, Sydney, Australia  
2018 Invited Speaker: "Ultrasound-guided Regenerative Pain Practice: from PRP to Cell-based Therapy", WAPMU-TPS Joint Conference, Taipei, Taiwan  
2018 Invited Full-day Speaker, Visiting Speaker Programs, MSK Ultrasound Master Course, Sonosite Fujifilm Company, Seoul, Korea  
2018 Invited "Ultrasound-guided Pain Interventions" Workshop Instructor, First Mediterranean Conference on Comprehensive Joint Care, Split, Croatia  
2019 Invited Supporting Faculty, International Cadaver Workshop on Ultrasound-guided Regional Anesthesia and Pain Medicine, Medical University of Innsbruck, Austria.  
2019 Program Organizer, 2019 Prolo@TPE, Taiwan Pain Society  
2019 Invited Speaker on "Ultrasound-guided Regenerative Interventions in Pelvic Girdle Pain" Japanese Association of Orthopedic Ultrasonics, Nagoya, Japan.  
2022 Invited Speaker on "Release-Regenerate Coupling(R2C): the synergistic fibrolysis", 2022 World Congress of World Institute of Pain(WIP), Budapest, Hungary.  
2022 Invited Speaker on "Pluripotent Stem Cells in Interventional Pain Medicine, iPSCs vs. ESCs", 2022 NY-NJ Pain Society Annual Conference, Jersey City, NJ, USA  
2023 Invited Speaker on "Regenerative Medicine in Interventional Pain Specialty", 5<sup>th</sup> WIP Taipei Interventional Pain Workshop, Taipei, TAIWAN.

**Specialty:**

Cell-based Regenerative Pain Medicine

Ultrasound-guided Pain Intervention/hydrorelease  
Platelet-rich Plasma Injections  
Dry Needle Fibrolysis/MTrP injections  
Dextrose Prolotherapy  
Hyaluronate Injections/Visco-dissections  
System Pain Approaches  
Functional Pain Medicine

**Websites:**

Cells for Pain <https://www.facebook.com/cellsforpain/>  
Pain Hydrodissection [www.facebook.com/painhydrodissection](http://www.facebook.com/painhydrodissection)  
PRP for Pain [www.facebook.com/prpforpain](http://www.facebook.com/prpforpain)  
Pan Clinic [www.facebook.com/drpanclinic](http://www.facebook.com/drpanclinic)  
Global Pain Practice <https://www.facebook.com/groups/283341491838387/>

### 3. 羅佳琳 醫師

華人界第一位全方位結合西方醫學、功能性醫學、芳香療法的醫師。擅長分析疾病成因後再以全人的角度用油，身心靈並重，其諮詢就已經是療癒的開始。羅佳琳醫師在醫療界推動芳香療法不遺餘力，成立台灣芳香醫學醫學會，幫助醫師能夠有專業管道習得芳香療法，教學精準實用，對芳香療法的臨床應用頗有貢獻。

**專長**

家庭醫學/芳香療法/功能性醫學檢測及治療/預防醫學/生活型態改善預防疾病/體檢項目及報告諮詢

**現職**

傑尼斯時尚醫美整形外科診所芳香療法門診醫師  
臺安醫院家庭醫學科暨社區醫學部主治醫師  
台灣芳香醫學醫學會創會理事長  
臺安醫院功能性醫學與芳香醫學門診醫師  
肯尚健康管理營養中心芳香療法門診醫師  
安兒康診所芳香療法門診醫師  
臺安醫院魚池新起點健康生活計畫專任講師  
澳洲、紐西蘭簽證體檢指定醫師

**經歷**

臺安醫院家庭醫學科暨社區醫學部主任  
台灣大學醫學院附設醫院家庭醫學部住院醫師  
台灣大學醫學院附設醫院家庭醫學部總醫師  
台灣大學醫學院附設醫院家庭醫學部兼任主治醫師  
全民健康保險家庭醫學科審查委員

**芳療資歷**

瑞士芳香療法學程第一階通過證書  
瑞士芳香療法學程第二階通過證書

瑞士芳香療法學程第三階通過證書  
瑞士芳香五星術初階中階高階結業  
英國IFA 國際芳香療法協會芳療師證照  
法國福蘭貢芳香療法實驗室講師班通過證書  
法國羅倫斯精油藥房課程研習結業  
法國芳香療法毒理學課程研習結業  
法國芳香療法醫師潘威爾課程研習結業  
法國芳香療法三角模型專論馬勒畢優課程研習結業  
印度阿育吠陀療程研習  
美國純露實作工作坊研習結業  
2019國際精油論壇ISEO研究海報發表  
2018國際芳療會議Botanica研習

#### 4. 陳建華 醫師

員榮醫院及萊源神經修復中心神經外科主任  
Neurosurgeon of Clive Chen Clinic and Yuan Rung Hospital, Dedicated to Pain Management and Neuro-restoration  
台灣大學醫學系畢業  
Graduate of Medical School of National Taiwan University 2002  
台灣大學醫學工程博士畢業  
Ph.D graduate of Department of Biomedical Engineering, National Taiwan University

美國加州大學洛杉磯分校神經調控及疼痛治療臨床進修  
Research Scholar specializing in neuromodulation and pain management, UCLA  
2008~2009

台中榮總神經外科主治醫師  
Attending neurosurgeon, Taichung Veterans General Hospital 2008~2012  
美國亞利桑那州師事Anthony Yeung教授研習脊椎內視鏡手術  
Fellowship in Desert Institute of Spine Care under Prof. Anthony Yeung 2017 summer  
神經外科專科醫師 Neurosurgeon Board  
台灣疼痛醫學專科醫師 Pain Physician Board  
2015 年台灣疼痛醫學會卓越服務獎  
Taiwan Pain Society Distinguished Service Award 2015  
台灣脊椎微創醫學會第八屆常務監事  
The 8<sup>th</sup> supervisor of Taiwan Society of Minimally Invasive Spine Surgery  
台灣脊椎微創內視鏡醫學會第二, 第三, 第四屆理事  
Member of Board of Directors of Taiwan Society of Endoscopic Spine Surgery

#### PUBLICATIONS:

Chen CH, Huang HY, Huang AP, Jaw FS, Chen MC, Lin CW, Wang SP.  
Ultrasound-Guided Perineural Vitamin B12 Injection for Brachial Plexus Injury: A Preliminary Study. Cell Transplant. 2023 Jan-Dec  
Dynamic ultrasound for evaluating the adequacy of median nerve decompression following minimally invasive carpal tunnel release: technical innovation and case

study. Chen CH, Jaw FS, Hu JZ, Wu WT, Chang KV. Heliyon. 2023 Jan 19;9(1):e13107.  
Ultrasound Guidance for Full Endoscopic Spinal Surgery: A Technical Note. Chen CH,  
Chen CM, Jaw FS, Hu JZ, Wang GC. World Neurosurg. 2022 Jun;162:59-65. doi:  
10.1016/j.wneu.2022.03.066. Epub 2022 Mar 22.  
Ultrasound-guided Perineural Vitamin B12 Injection for Peripheral Neuropathy. Chen  
CH, Huang YK, Jaw FS. Journal of Medical Ultrasound Volume 23, Issue 2, June 2015,  
Pages 104-106  
Aspiration of hypertensive intracerebral hematoma with frameless and fiducial-free  
navigation system: technical note and preliminary result. Chen CH, Lee HT, Shen CC,  
Sun MH. Stereotact Funct Neurosurg. 2008;86(5):288-91. doi: 10.1159/000151716.  
Epub 2008 Aug 30.

## 5. 李政家 醫師

### 現職

台北榮民總醫院 神經醫學中心 神經外科 主治醫師, Aug 2014 - present  
國立陽明交通大學醫學系 兼任副教授, Aug 2022 - present  
國際加馬刀研究基金會(IRRF)委員, Jul 2014 - present  
亞洲術中神經功能監測學會(AOSIN)委員, Jun 2020 - present  
亞澳聚焦超音波學會(APFUS)委員, Sep 2023 - present  
台灣疼痛醫學會副祕書長, May 2023 - present  
台灣中青年神經外科學會理事, Nov 2021 - present  
台灣立體定位功能性神經外科及放射手術學會理事, Sep 2023 - present

### 經歷

台北榮民總醫院 神經醫學中心 神經外科 住院醫師/總醫師/臨床研究員, Mar  
2007 - Jul 2014  
美國維及尼亞大學 神經外科 研究員, Jan 2013- Apr 2014  
台灣立體定位功能性神經外科及放射手術學會 祕書長, Oct 2014 - 2021  
台灣疼痛醫學會監事, May 2021 - 2023

### 學歷

國立陽明大學醫學系畢業 (MD), Aug 1998 - Jun 2005  
國立陽明大學腦科學研究所畢業 (PhD), Aug 2014 - Jan 2018

### 研究計劃及論文

2017 科技部: 加馬刀治療腦部動靜脈畸型前後、神經心理量表與血管攝影結果之  
對應  
2018 科技部: 始於扣帶皮層之癲癇發作及立體定位深部腦電波之研究: 症狀學、  
訊號影像化、及致癲灶切除  
手術成功率分析  
2019 台北榮總: 評估於神經根減壓術中、雙極性高頻熱凝治療對於疼痛及麻痛的  
改善  
2020 台北榮總: 雙極脈衝式熱療手術治療慢性腰椎疼痛之效果  
2021 國家衛生研究院(NHRI-EX110-11006NC): 膠質細胞中、麩胺酸鹽的調控在癲

## 癇症的角色

2021 科技部: 使用人工智慧預測聽神經瘤經放射手術之預後

2018/2019/2020/2021 榮台聯大整合型: 立體定位深部腦電波與大腦網路於MR上無病灶、難治型癲癇之應用

2009-2024期間發表>280篇SCI論文

## 獲獎

1. 最佳海報,台灣神經外科醫學會/財團法人登美腦瘤教育基金會, 2015/2016/2017
2. 最佳論文,台灣神經外科醫學會/杜世彬博士論文獎,2015/2016/2017/2018/2019
3. 青年學術獎,台灣疼痛醫學會,2017
4. 青年神經外科醫師獎 (Young Neurosurgery Award (Top 15)),世界神經外科學會 (WFNS), 2017
5. 年輕學者國際癲癇會議獎,台灣癲癇醫學會,2017/2018/2019/2020
6. 臺北榮總109/110年醫師創新獎佳作/第一名/第三名,2020/2021/2022
7. 第十九屆國家新創獎-臨床新創獎 (智慧腦醫之放射線治療風險評估軟體系統—腦血管動靜脈畸型),2022
8. 未來科技獎 (DeepBT腦瘤智豐精準醫療系統:沿時間軸病灶偵測與放射手術療效預測),2022

## 6. 林家弘 醫師

童綜合醫院 增生療法特約醫師

台灣增生療法醫學會創會理事長

美國肌骨醫學會會員(American Association of Orthopedic Medicine)

香港肌骨研究院會員及研究醫師 (HKIMM)

以馬內利復健科神經科診所創辦人

台灣運動醫學醫學會會員

中華民國復健科專科醫師

中華民國針灸專科醫師

## 學經歷:

前台中榮民總醫院復健科主治醫師 增生療法特別門診

前台中榮總埔里分院復健科主任

前斗南福安醫院復健科主治醫師

前順天醫院特約復健科醫師

前國立暨南大學復健科門診醫師

衛生署偏遠地區醫療輔助計劃特約醫師 (南投縣信義鄉衛生所)

台中大雅國小運動傷害防護顧問

國立陽明大學醫學系

美國肌骨醫學會 (AAOM) 進階增生療法訓練

美國Hackett Hemwall Foundation (HHF) 增生療法訓練

香港肌骨研究中心 (HKIMM) 增生療法及肌骨醫學訓練

美國MSKUS美國肌骨超音波學院超音波訓練 Dr Thomas Clark

神經增生療法訓練 (neuroprolotherapy) founder Dr John Lyftogt

神經動態療法訓練(Neurokinetic therapy) NKT Founder David Weinstock

神經療法訓練(Neural therapy) Dr Jeff Harris

NeuroKinetic Therapy Level 2  
顛薦骨療法訓練(Cranisacral Therapy)  
密西根州立大學骨病學學院進修 徒手治療訓練 (Michigan State University -  
college of osteopathy OMT training)  
澳洲 Dr. Abbie 足部力學及鞋墊製作研習  
小針刀專業師資培訊  
彩光針灸訓練 (Color Puncture )  
磯谷力學療法訓練( Isogai Dynamic Therapy)  
國際靜脈營養治療訓練( IVNTP)

## 7. 陳貞吟教授

現任

奇美醫院麻醉部部長兼疼痛科主任  
教育部部定教授  
交通大學合聘副教授  
台灣麻醉醫學會監事  
台灣疼痛醫學會常務理事  
台灣疼痛醫學會疼痛醫療政策制定委員會  
台灣疼痛醫學會訓練醫院暨專科醫師訓練委員會

學經歷

麻醉專科醫師  
疼痛專科醫師  
營養醫療專科醫師

## 8. 王博 醫師

**Education:**

**National Cheng Kung University**, Tainan city, Taiwan  
Doctor of Medicine (M.D.)

**Work Experience:**

**August 2022-present**

Director of Interventional Medicine Center, National Cheng Kung University Hospital.

**August 2018-present**

Attending Physician, Department of Diagnostic Radiology, National Cheng Kung University Hospital

**August 2021-present**

Clinical Instructor of College of Medicine, National Cheng Kung University

**August 2014-July 2018**

Resident Doctor, Department of Diagnostic Radiology, National Cheng-Kung University Hospital



**(1) 研究計劃案**

1. 院內研究計畫 2021年度：  
經動脈導管栓塞術應用於頑固性膝關節炎疼痛治療  
Transarterial embolization in reducing refractory pain due to osteoarthritis
2. 院內研究計畫 2019年度：  
利用心電圖觸發心臟電腦斷層預測先天性心臟病孩童肺高壓  
Beyond the structure; Heart: ECG-trigger cardiac CT angiography for predicting pulmonary hypertension in congenital heart children

**(2) 獎項：**

“Short-Term Effects of Genicular Artery Embolization on Symptoms and Bone Marrow Abnormalities in Patients with Refractory Knee Osteoarthritis,” has been selected by the Editors of JVIR as one of 10 papers published online in 2023 and been awarded

**(3) 著作目錄：**

1. Wu WT, Onishi K, Mezian K, **Wang B**, et al. Ultrasound imaging of the posterior lateral corner of the knee: a pictorial review of anatomy and pathologies. *Insights Imaging* 2024; 15:39.
2. Wu WT, Chang KV, Naňka O, **Wang, B**, et al. Ultrasound Imaging of the Articularis Genus Muscle: Implications for Ultrasound-Guided Suprapatellar Recess Injection. *Diagnostics (Basel)* 2024; 14.
3. Liang KW, **Wang B**, Huang HH, Tsao TF, Tyan YS, Wang PH. Effectiveness and Safety of Intra-arterial Imipenem/Cilastatin Sodium Infusion for Patients with Hand Osteoarthritis-Related Interphalangeal Joint Pain. *J Vasc Interv Radiol* 2023.
4. **Wang B**, Tai TW, Liang KW, et al. Short-Term Effects of Genicular Artery Embolization on Symptoms and Bone Marrow Abnormalities in Patients with Refractory Knee Osteoarthritis. *J Vasc Interv Radiol* 2023.
5. **Wang B**. Authors' Reply: Exploring the Potential of Genicular Artery Embolization for the Management of Subchondral Bone Marrow Lesions Exploring the Relationship between Genicular Artery Embolization and Bone Marrow Lesions: Association or Causation? *J Vasc Interv Radiol* 2023.
6. Lai CS, Tsai HM, Ting CY, **Wang B**. Differential Effects of Laxatives on Barium Sulfate Coating and Image Quality in Double-Contrast Barium Enema. *Curr Med Imaging* 2023; 19:1337-45.
7. Pan YW, Tsai MC, Yang CY, **Wang B**, Yen-Yin Chou. et al. Enzyme

replacement therapy for children with acid sphingomyelinase deficiency in the real world: A single center experience in Taiwan. *Mol Genet Metab Rep* 2023; 34:100957.

8. Chen TR, Chang CW, Tai TW, **Wang B**. Anterior knee pain associated with Hoffa's disease alleviated with genicular artery embolization: A case study. *J Vasc Interv Radiol* 2022.
9. Wu WT, Chang KV, **Wang B**, Mezian K, et al. Ischiofemoral Impingement Syndrome: Clinical and Imaging/Guidance Issues with Special Focus on Ultrasonography. *Diagnostics (Basel)* 2022; 13.
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美國H&W孕婦骨盆底肌照護課程結訓  
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美國H&W骨盆底肌震波治療課程結訓  
關鍵點療法 KPM基礎認證課程結訓  
關鍵點療法KPM進階認證課程系列一結訓  
關鍵點療法KPM進階認證課程系列二結訓  
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